Suelaines Cafe

## BREAKFASTS

 (SERVED ALL DAY)
## Big Breakfast

2 Bacon, 2 Sausages, 1 Egg, Beans, Tomatoes, 1 Hash Brown, Mushrooms \& 1 Toast (1039kcal)

## Full English

| 2 Bacon, 2 Sausages, 1 Egg, Tomatoes, |
| :--- | :--- |
| Beans \& 1 Toast ( 843 kcal ) |$\quad £ 7.50$

## Small Breakfast

1 Bacon, 1 Sausage, 1 Egg,
Tomatoes or Beans \& 1 Toast (577kcal)

| Vegetarian Breakfast <br> 2 Veg Sausage, 1 Egg, 1 Hash Brown, <br>  <br> 1 Toast (753kcal) | $£ 7.50$ |
| :--- | :--- |
| Small Vegetarian Breakfast <br> 1 Veg Sausage, Hash Brown, 1 Egg, <br> Beans or Tomatoes \& 1 Toast (574kcal) | $£ 5.45$ |
|  |  |
|  |  |

## BREAKFAST EXTRAS

Only available as additions to a meal

| Bacon (107kcal) | $£ 1.20$ |
| :--- | :---: |
| Sausage (135kcal) | $£ 1.20$ |
| Hash Brown (118kcal) | 90 p |
| Mushrooms (146kcal) | 90 p |
| Black Pudding (94kcal) | 90 p |
| Egg (70kcal) | 75 p |
| Tomatoes (12kcal) | 75 p |
| Beans (19kcal) | 75 p |

Please turn over for Hot \& Cold Sandwiches \& Drinks

## SEE BOARD FOR OUR <br> DAILY SPECIALS

| JACKET POTATOES <br> Served with Salad Garnish |  |
| :--- | :---: |
| Plain (234kcal) | $£ 3.95$ |
| Cheese (634kcal) | $£ 4.95$ |
| Beans (357kcal) | $£ 4.95$ |
| Cheese \& Beans (757kcal) | $£ 5.95$ |
| Tuna Mayo (434kcal) | $£ 5.45$ |
| Chilli (452kcal) | $£ 5.95$ |

TOASTIE OR PANINI
Served with a Salad Garnish

| Cheese \& Bacon (401kcal) | $£ 5.65$ |
| :--- | :---: |
| Cheese, Ham \& Onion (285kcal) | $£ 5.65$ |
| Tuna, Cheese \& Onion (379kcal) | $£ 5.65$ |
| Cheese, Tomato \& Onion (311kcal) | $£ 5.65$ |
| Bacon, Brie \& Cranberry (430kcal) | $£ 5.65$ |
| Mushroom, Brie \& Cranberry (400kcal) | $£ 5.65$ |

SUNDRIES

| Slice of Cake (Average 398kcal) | $£ 3.00$ |
| :--- | :--- |
| Jam or Marmalade | 30 p |
| Crisps | 90 p |
| Bread \& Butter (140kcal) | 60 p |
| Toast (per slice) (140kcal) | 75 p |
| Toasted Teacake (260kcal) | $£ 3.00$ |

## COLD SANDWICHES

All come with a salad garnish

|  | Sandwich | Batch <br> (Add 67 calories) | Torpedo <br> (Add 107 Calories) |
| :--- | :---: | :---: | :---: |
| Egg Mayo (294kcal) | $£ 3.25$ | $£ 3.75$ | $£ 4.25$ |
| Tuna Mayo (305kcal) | $£ 4.75$ | $£ 5.25$ | $£ 5.75$ |
| Ham (211kcal) | $£ 3.95$ | $£ 4.45$ | $£ 4.95$ |
| Cheese (405kcal) | $£ 3.95$ | $£ 4.45$ | $£ 4.95$ |
| Ham \& Cheese (411kcal) | $£ 5.20$ | $£ 5.70$ | $£ 6.20$ |
| Cheese \& Pickle (439kcal) | $£ 4.25$ | $£ 4.75$ | $£ 5.25$ |
| Ploughman's (347kcal) <br> (Lettuce, Red Onion, Cheese, Ham, Branston) | $£ 5.25$ | $£ 5.75$ | $£ 6.25$ |


| HOT SANDWICHES |  |  |  |
| :--- | :---: | :---: | :---: |
|  | Sandwich | Batch <br> (Add 67 calories) | Torpedo <br> (Add 107 Calories) |
| Egg (2 Eggs) (252kcal) | $£ 3.50$ | $£ 4.00$ | $£ 4.50$ |
| Bacon (306kcal) | $£ 4.00$ | $£ 4.50$ | $£ 5.00$ |
| Bacon \& Tomato (328kcal) | $£ 4.20$ | $£ 4.70$ | $£ 5.20$ |
| Bacon \& Egg (376kcal) | $£ 4.20$ | $£ 4.70$ | $£ 5.20$ |
| Bacon \& Mushroom (362kcal) | $£ 4.50$ | $£ 5.00$ | $£ 5.50$ |
| Bacon \& Sausage (670kcal) | $£ 5.20$ | $£ 5.70$ | $£ 6.20$ |
| Bacon, Sausage \& Egg (740kcal) | $£ 5.70$ | $£ 6.20$ | $£ 6.70$ |
| Sausage (546kcal) | $£ 4.00$ | $£ 4.50$ | $£ 5.00$ |
| Sausage \& Tomato (568kcal) | $£ 4.20$ | $£ 4.70$ | $£ 5.20$ |
| Sausage \& Egg (616kcal) | $£ 4.20$ | $£ 4.70$ | $£ 5.20$ |
| Sausage \& Mushroom (602kcal) | $£ 4.50$ | $£ 5.00$ | $£ 5.50$ |
| B.L.T (373kcal) | $£ 4.50$ | $£ 5.00$ | $£ 5.50$ |
| Vegetarian Sausage (368kcal) | $£ 4.00$ | $£ 4.50$ | $£ 5.00$ |

Some of the items on this menu contain nuts, seeds and other allergens. There is a small risk that traces of these other allergens. There is a small risk that traces of these
may be found in any other dish or food served here. Any calories stated are approximate.

Selected Items Available Wheat \& Gluten Free *Subject To Availability*

SEE BOARD FOR DAILY SPECIALS

| Mug of Tea | $£ 1.95$ |
| :--- | :---: |
| Double Espresso | $£ 2.35$ |
| Coffee | $£ 2.50$ |
| Cappuccino | $£ 3.25$ |
| Latte | $£ 3.25$ |
| Mocha | $£ 3.25$ |
| Flat White | $£ 3.25$ |
| Cadbury's Hot Chocolate | $£ 3.25$ |
| Coffee Syrup | $60 p$ A Shot |
| Pot of Fruit Tea For One | $£ 2.35$ |
| Oat or Soya Milk 30p Extra |  |


| COLD DRINKS |  |
| :--- | :---: |
| Orange or Apple Juice Carton | $£ 0.90$ |
| Water (Plain Or Flavoured) | $£ 1.25$ |
| Simply Fruity | $£ 0.90$ |
| Ribena Cartons | $£ 1.25$ |
| Cans of Pop | $£ 1.25$ |
| Yazoo Milkshake | $£ 0.90$ |
| Krushem Milkshake | $£ 1.26$ |
| Alpro Soya Milkshake | $£ 1.25$ |

